



ich schaff's®



Solutions in Schools

How to apply solution focussed counselling models
to schools
- a project from Bavaria -

Presentation on the Solution Focussed Word Conference
Skills and Solutions

Amsterdam, June, 10 – 12, 2016

Thomas Hegemann & Wolfgang Bauhofer
München / Dillingen
Germany

info@thomas-hegemann.de • w.bauhofer@alp.dillingen.de



ich schaff's®



What's it all about!

- **School should be places, where children find best support for learning!**
- **Teacher should be skilled to perform this support!**
- **So far schools have a tradition rather to perform results than progress!**
- **SF seemed to promise a suitable approach to change this tradition!**
- **We wanted to find a model to reach with SF as many schools as possible with the most economical invest!**
- **So we chosed a train-the-trainer-model to spread the idea of SF!**

info@thomas-hegemann.de • w.bauhofer@alp.dillingen.de



ich schaff's®



Where it started

- **In Germany the responsibility for education (schools, universities, vocational training) lies upon the member countries of the federation**
- **Bavaria as one of the countries, operates the Bavarian Academy for further Education of Teacher (ALP) in Dillingen**
- **The ALP offers a wide variety of qualification programs for teachers in all positions for all sorts of schools.**



info@thomas-hegemann.de • w.bauhofer@alp.dillingen.de



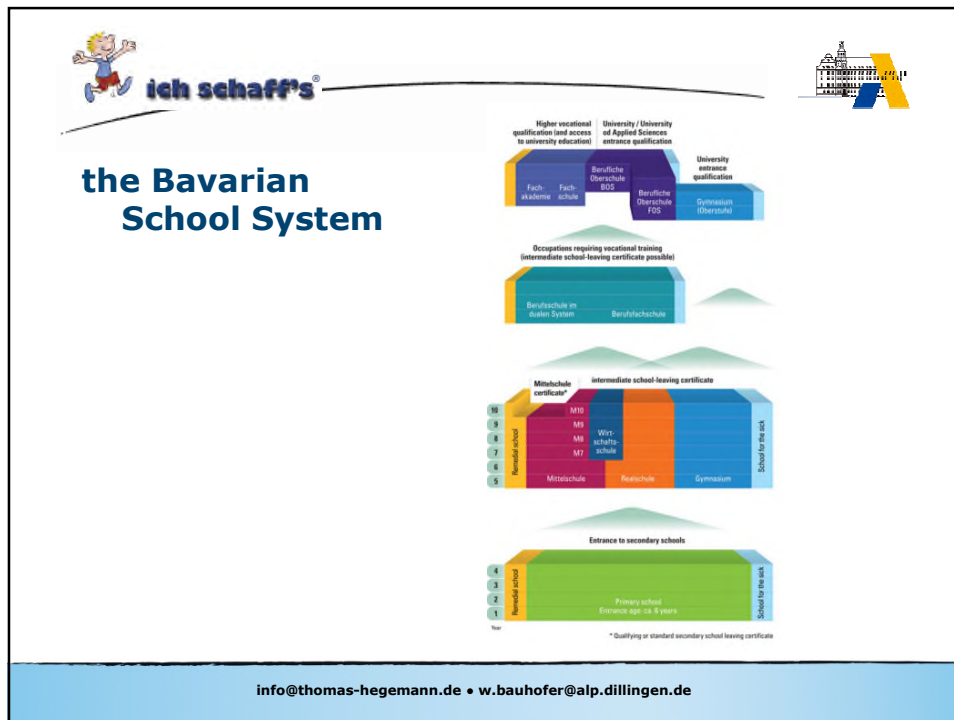
ich schaff's®



How it startet

- **Wolfgang Bauhofer is a senior director in the ALP for psychology, supervision and personal development.**
- **Thomas Hegemann was director of a systemic training institute.**
- **The cooperation startet with *kids skills*, which was first presented within a training course about ADHD for primary schools.**
- **Bavaria has a long tradition of school counsellors, who advice schools and families how to position children in a highly segregated school system.**
- **The new policy of inclusion created a new demand of counselling skills for these counsellors.**
- **So we created a SF training course for these professionals.**

info@thomas-hegemann.de • w.bauhofer@alp.dillingen.de



ich schaff's

What Bavarian school counsellors are about

- **All school counsellors (*Schulpsychologen und Beratungslehrer*) have a qualification as teachers.**
- **All school counsellors passed a postgraduate university based qualification.**
- **All school counsellors are based at a certain school where they have teaching obligations.**
- **Most school counsellors offer counselling for several schools in a county.**
- **Some school counsellors offer counselling in a counselling centre.**

info@thomas-hegemann.de • w.bauhofer@alp.dillingen.de



ich schaff's



The purpose of our course

- **A profound training in SF- counselling**
- **A certification of the national Systemic Association**
- **Participants from all forms of schools**
- **Participants from all 7 districts of Bavaria**
- **Two participants from non-state school
(s.a. Christian, Montessori, Waldorf, etc.)**



info@thomas-hegemann.de • w.bauhofer@alp.dillingen.de



ich schaff's



About the program

- **7 courses started; 3 courses finished**
- **application 4:1**
- **basic course of 5 seminars for 3 days**
- **advanced course of 5 seminars for 3 days**
- **regional peer groups of 80 units**
- **group supervision 10 days**
- **Colloquium with the presentation of some SF practice
with single students, with parents, with classes or
with colleagues**

info@thomas-hegemann.de • w.bauhofer@alp.dillingen.de



ich schaff's®



Course Program

Basic course :

Seminar 1: Introduction into basic systemic concepts

Seminar 2: SF counselling in the context of schools

Seminar 3: SF counselling for multi-person-settings

Seminar 4: SF counselling in conflicts

Seminar 5: Finishing counsellings

Advanced course:

Seminar 1: Refreshing systemic and SF-concepts and practice

Seminar 2: Reflecting the personal history, values; roles and functions

Seminar 3: Diversity und cultural change

Seminar 4: Systemic concepts of institutions and organisations,
moderation of groupes and meetings

Seminar 5: Reflexion of the personal developing process, colloquium

info@thomas-hegemann.de • w.bauhofer@alp.dillingen.de



ich schaff's®



Our Head Lines

- **Challenging a hierarchical system
by promoting professional responsibility, collegial
cooperation and building regional networks**
- **Challenging a system, which tends to grade and categorize
by supporting development and progress**
- **Challenging a system, that focuses on problems and deficits
by promoting a solution focussed perspective to support
students to take responsibility for their own development**

info@thomas-hegemann.de • w.bauhofer@alp.dillingen.de



ich schaff's®



The journey goes on!
What's next to learn for your life?

www.ichschaffs.com - www.kidsskills.org